



Dr Stélio SAMPAIO PINTO DA RUA

General Surgeon – Private Practice (Sector 2)

Digestive surgery, proctology, bariatric surgery, skin surgery under local anesthesia

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Profile

General surgeon trained in France and Portugal, with over 20 years of hospital and private practice experience. Expertise in digestive surgery (stomach, colorectal, gallbladder, hernias), proctology, bariatric procedures, and skin surgery under local anesthesia. Strong commitment to continuous education, author of publications and surgical videos (WebSurg), and frequent speaker at medical conferences. Recipient of several professional awards.

Key Skills

- Digestive surgery (stomach, colorectal, gallbladder, hernias) • Proctology
- Bariatric surgery (training 2024–2025) • Abdominal wall surgery (2023) • Robotic surgery (2022)
- Skin surgery under local anesthesia • Digestive emergencies
- Teaching and training through surgical video (WebSurg) • Conference presentations

Professional Experience

Private Practice Surgeon — Clinique des Landes, Saint-Pierre-du-Mont (France) — 2020 – 2025

General and digestive surgery, bariatric (training in progress), abdominal wall, and skin surgery under local anesthesia.

Private Practice Surgeon — CMC Tronquières, Aurillac (France) — 2018 – 2020

Hospital Surgeon — CUF Infante Santo Hospital, Lisbon (Portugal) — 2013 – 2017

Hospital Surgeon — José de Almeida Hospital, Cascais (Lisbon, Portugal) — 2015 – 2016

Hospital Surgeon — Santiago do Cacém Hospital (Portugal) — 2004 – 2013

Head of the colorectal unit (appointed as Hospital Consultant in 2012).

Surgical Residency — Santo António dos Capuchos Hospital, Lisbon — 1998 – 2004

Notable rotations: IMM Montsouris, Paris (Prof. Brice Gayet); Intensive Care (Prof. Schoeffler, Clermont-Ferrand).

Humanitarian Mission — Médecins Sans Frontières, DRC — 12/2014 (1 month)

Education & Training

- University Diploma in Bariatric Surgery — 2024–2025
- University Diploma in Abdominal Wall Surgery — 2023
- University Diploma in Robotic Surgery — 2022
- University Diploma in Oncology — 2009
- University Diploma in Visceral Trauma (Grenoble, Prof. Letoublon) — 2006
- University Diploma in Laparoscopic Surgery (Strasbourg, Prof. Marescaux) — 2005
- University Diploma in Hepatobiliary Surgery (Villejuif, Prof. Castaing) — 2003
- Hospital Consultant title in General Surgery — 2012
- Specialization in General Surgery (Portugal) — 2004
- General Medicine (equivalence Portugal, French curriculum) — 1995
- Medical degree PCEM–DCEM, Clermont-Ferrand; internship in General Practice (1 year, Aurillac Emergency & SAMU)
- Gestalt Therapy Training — ongoing since 2024

Languages

French (native) • Portuguese (bilingual) • English (intermediate, A2) • Italian (basic, A2)